

The Jamestown Taz Wrestling Club will host the:



North Dakota

STATE GRECO & FREESTYLE

USA wrestling Tournament

May 1st & 2nd, 2009

Junior & Cadet National Qualifier / Cadet to Bantam Regional Qualifier

Thank you Amvets of ND for being the State Greco sponsor.

Jamestown Civic Center

Concessions will be provided by the Jamestown Civic Center & are not controlled by the Taz Wrestling Club

Wrestlers must be ND club members.

Registration & Weigh-ins Friday May 1st CST:

1. Greco & Freestyle wrestlers 12:30 – 3:00 pm
2. Freestyle only 7:00 – 8:00 pm or with first group.

Registration & Weigh-in Requirements:

1. Wrestlers must provide a copy of their birth certificate if not on record at the time of registration, **NO EXCEPTIONS!!**
2. Wrestlers must have a 2009 USA card.
3. Each card must be marked with 2 USA tournament markings.
4. Registration will be \$12.00 per style.
5. **No Saturday Registration or Weigh-ins.**
6. Weigh-ins are with singlets.
7. One time weigh-in. You may challenge other scales, but you cannot leave to cut weight.

Wrestling:

Greco - Friday:

4:00 Start: Midget, Bantam, Sub Bantam - (All divisions will stay at mat side to completion).
Followed by: Novice, Schoolboy, Cadet, & Junior. (All divisions will stay at mat side to completion).

Freestyle – Saturday:

8:00 am Doors open
9:00 am Opening Ceremony **Please arrive by 8:40**
9:30 am Start: Midget, Bantam, Sub Bantam - (All divisions will stay at mat side to completion).
Start: Juniors
12:00 Start: Novice, Schoolboy, Cadet (As mats open up). (All divisions will stay at mat side to completion).

Tournament Information:

Rules: F.I.L.A. with current USA Wrestling Modifications – Freestyle, Greco

Gate: \$6.00 Adult \$3.00 Children \$15.00 Family

Coach's Passes: 1 pass per 8 wrestlers will be given to the head coach upon his arrival to distribute to his USA card holding, copper certified, coaches as he sees fit. Head coach note: if you would like us to have a list of your coaches at the door, please respond to dzuck@daktel.com with your # of wrestlers and a coaches list.

Coach's cards **do not** provide free admission.

New Clubs or Towns should let us know that you will be there so we can have a sign for you during the Parade of Athletes.

Weight classes and length of matches: All Divisions Length 3–2 min. periods, 30 sec. in between

Sub Bantam	(2003 or later)	40, 45, 50, 55, 60, 65, 70, 75, 75+	15 lb max difference
Bantam	(2001 or 2002)	40, 45, 50, 55, 60, 65, 70, 75, 75+	15 lb max difference
Midgets	(1999 or 2000)	50, 55, 60, 65, 70, 75, 80, 87, 95, 103, 112, 120, 120+	20 lb max difference
Novice	(1997 or 1998)	60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, 140, 140+	25 lb max difference
Schoolboy	(1995 or 1996)	70, 77, 84, 91, 98, 105, 112, 120, 128, 136, 144, 152, 160, 175, 190, 210, 235	
Cadets	(1993 or 1994)	84, 91, 98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285	
Juniors	(Born 9/1/89 and after, plus enrolled in grades 9-12)	98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285	

Hotels:	Gladstone	252-0700	Comfort Inn	252-7125
	Super 8	252-4715	Quality Inn	252-3611

Questions:	Contact: Greg White	Dave Zuck
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